

**The All India Services (Performance Appraisal Report) Rules, 2007**

**PROFORMA FOR HEALTH CHECK UP**

**Date:**

**Name:**

**Age:**

**Sex: M/F**

**Brief clinical history, if any:**

**A: Examination**

**Physical**

**Systemic**

**Investigations:**

**Haemogram**

**Hb%**

**TLC**

**DLC**

**Peripheral Smear**

***Blood Sugar***

**F**

**P. P.**

***Lipid Profile***

**Total Cholesterol**

**HDL Cholesterol**

**LDL Cholesterol**

**VLDL Cholesterol**

**Triglyceride**

***Liver Function Test***

**Total Bilirubin**

**Direct Bilirubin**

**Indirect Bilirubin**

**SGOT**

**SGPT**

**ALK Phosphatase**

***Kidney Function Test***

Urea

Creatinine

Uric Acid

Electrolytes

Na<sup>+</sup>

K

Calcium

Inorganic Phosphates

***Cardiac Profile***

CPK

CK-MB

LDH

SGOT

***Urine***

Routine

Microscopic

Sugar

Albumin

***E.C.G.***

***X-ray Chest***

***Ultra Sound Abdomen***

***Any other Investigation***

***Advice***

***B: Medical Report of the Officer***

1.	Haemoglobin level of the Officer	Normal/Low
2.	Blood Sugar level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the Officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

Date:

Signature of the Medical Authority

Designation

**C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)**

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical check up of the Officer	
3.	Health profile grading	

**Date:**

**Signature of the Medical Authority**

**Designation**